

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Ham w/ corn bread, Popeye salad, mash potatoes, fresh fruit, milk	2 Pizza, corn, celery w/ peanut butter, fruit, milk	3
4	5 Corn Dogs, broccoli, carrot sticks, juice, milk	6 Beef nachos w/ cheese cup, lettuce, tomato, black beans, fresh fruit, milk	7 Chicken tenders, roll, green beans, fruit salad, cookie, milk	8 Sloppy Joes, potato wedges, peas, fruit, milk	9 Pizza, corn, salad, freezie, milk	10
11	12 Chicken patty, broccoli w/cheese sauce, breaded veggie sticks, juice, milk	13 Fish wedges, mac & cheese, carrots, cole slaw, fruit, milk	14 Chicken stir fry over rice, veggie sticks, fruit salad, wackey cake, milk	15 BBQ Pork Sandwich, Fresh corn, mash potatoes, fresh fruit, milk	16 Pizza, green beans, celery w/peanut butter cup, fruit, milk	17
18	19 Burrito, beans & rice, carrot pks, juice, milk	20 Teriyaki chicken w/ egg roll, stir fry veggies, fried rice, fruit, milk	21 Spaghetti, Italian bread, mixed fruit salad, peas, milk	22 Chicken, scalloped potatoes, fresh fruit, milk	23 No School for students ..Teacher workday	24
25	26 Cheese burgers, lettuce, tomato, pickle, fries, juice, milk	27 Mini corn dogs, broccoli, fresh veggies, fresh fruit, milk	28 Shepard's pie, roll, mixed veggies, fruit salad, cookie, milk	29 Chicken patty sandwich, lettuce, tomato, pickle, farm fresh green beans, fruit, milk	30 Pizza, corn, celery w/ peanut butter, fruit, milk	31