

November 2009

Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Hot Dogs, broccoli, sweet potato fries, juice, milk	3 Tacos, lettuce, to- mato, carrot pk w/dip, fresh fruit, milk	4 Chicken nuggets, mash potatoes, green beans, rolls, apple crisp, milk	5 Chili, cheese rolls, peas, salad, fresh fruit, milk	6 Pizza, corn, juice, salad, milk	7
8	9 BBQ Rib Sandwich, cauliflower w/cheese sauce, fresh veggie w/dip, juice, milk	10 Chicken & Dumplings, mixed veggies, black- eyed peas, fresh fruit, milk	11 Lemon pepper fish, roll, green beans, mixed fruit salad, pudding, milk	12 Baked ham w/corn bread, popeye salad, mash potatoes, fresh fruit, milk	13 Pizza, corn, celery w/ peanut butter cup, fruit, milk	14
15	16 Corn dogs, broccoli, carrot pks w/ dress- ing, juice, milk	17 Nacho w/ cheese cup, lettuce, tomato, black beans, fruit, milk	18 Chicken tenders, rolls, green beans, mixed fruit, salad, cookie, milk	19 Sloppy Joe, potato wedges, peas, fresh fruit, milk	20 Pizza, corn, salad, juice, milk	21
22	23	24	25	26	27	28
29	30 Burrito, beans, & Rice, carrot pk w/ dip, juice, milk					