

SEPTEMBER 2009

Tenoroc High School Volleyball

SUN	MON	TUE	WED	THU	FRI	SAT
	31 AHS 6/7 JV @ school 4:30 V @ school 5:00	1 WHHS (V only) 6:30 V @ school by 5:00 JV practice 2:30 - 4:30 Be at V game by 5:45.	2 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	3 @ Fort Meade 6/7 Be @ school 4:00 Leave school @ 4:30	4 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	5 USF Game ALL PARENTS Needed
6	7 No practice No school — Labor Day	8 @ Frostproof 6/7 Be @ school 4:00 Leave school @ 4:30	9 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	10 Lake Placid V only 7:00 V @ school 5:30 JV @ school 6:15	11 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	12
13	14 V only Lake Wales 6:30 V @ school by 5:00 JV practice 2:30 to 4:30 JV stays at school for dinner . (meatball subs)	15 @ Mulberry 6/7 Be @ school 4:00 Leave school @ 4:30	16 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	17 McKeel 6/7 JV @ school 4:30 V @ school 5:00	18 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	19
20	21 @ Lkld Christian 6/7 Be @ school 4:00 Leave school @ 4:30	22 Avon Park 6/7 JV @ school 4:30 V @ school 5:00	23 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	24 Santa Fe 6/7 JV @ school 4:30 V @ school 5:00	25 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	26
27	28 JV practice 2:30 - 4:30 V practice 2:30 to 5:30	29 Fort Meade 6/7 JV @ school 4:30 V @ school 5:00	30 JV practice 2:30 - 4:30 V practice 2:30 to 5:30			

Varsity Head Coach: Heather Donhauser
 Assistant Varsity Coach: Kelly McPherson
 JV Coach: Heather Torres

NOTE: All VARSITY players will set up gym on game day immediately after school. All JV players will take down net after Varsity game