


# Winston Elem.      November 2009      Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Hot Dog Steamed Broccoli Sweet Potato Fries Choice of Juice	3 Beef Tacos Lettuce and Tomato Baby Carrots w/ Dip Seasonal Fresh Fruit	4 Chicken Nuggets Whole Wheat Roll Mashed Potatoes Green Beans Fruit Cobbler or Crisp	5 Chilli Cheese Roll Up Green Peas Tossed Salad Seasonal Fresh Fruit	6 Pizza Corn Whole Fruit Freezie Manager's Vegetable Choice
9 BBQ Rib Sandwich Cauliflower w/ Cheese Fresh Veggies w/ Dip Choice of Juice	10 Chicken and Dumplings Mixed Vegetables Black Eyed Peas Seasonal Fresh Fruit	11 Lemon Pepper Fish w/ Whole Wheat Roll Green Beans Mixed Fruit Salad Pudding	12 Baked Ham Corn Bread Popeye Salad Mashed Potatoes Seasonal Fresh Fruit	13 Pizza Corn Celery w/ PB Chilled Fruit
16 Corn Dog Steamed Broccoli Baby Carrots w/ Dip Choice of Juice	17 Beef Nachos w/ Cheese Cup Lettuce & Diced Tomato Black Beans Seasonal Fresh Fruit	18 Chicken Tenders Whole Wheat Roll Green Peas Mixed Fruit Salad Cookie	19 " Holiday Meal* Sliced Turkey /Hot Roll Mashed Potatoes Green Beans Seasonal Fresh Fruit Cake	20 Pizza Corn Tossed Salad Whole Fruit Freezie
Storm Make-up Day 23 	Storm Make-up Day 24	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 Burrito Beans and Rice Baby Carrots w/ Dip Choice of Juice		Chef Salad & Quick Bites offered daily..		MENU SUBJECT TO CHANGE!!

Student may choose one entrée and three sides. A variety of milk is offered daily.  
This institution is an equal opportunity provider and employer.